

March

Breakfast and Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 B: PopTart L: Burger	2 B: Ham & Cheese Bar L: Burrito	3 B: Breakfast Burrito L: Chicken Nuggets	4 B: Oatmeal Bar L: Pizza	5 No School	6
7	8 B: Pancake L: PB&J Sandwich	9 B: Bagel L: Chicken Strips	10 B: Pancakes L: Hotdog	11 B: Oatmeal Bar L: Pizza	12 No School	13
14	15 B: Cereal L: Grilled Cheese Sandwich	16 B: Bagel L: Popcorn Chicken	17 B: Ham & Cheese Bar L: Burger	18 B: Oatmeal Bar L: Pizza	19 No School	20
21	22	23	24	25	26	27
<h1>Spring Break</h1>						
28	29 B: PopTart L: Mac & Cheese	30 B: Apple Filled Pancake L: BBQ Pork Burger	31 B: Breakfast Burrito L: Chicken Burger			

Lunch Minimum Requirements			
Food Group	Grades K-5	Grades 6-8	Grades 9-12
Fruits (cups)	½ per day 2 ½ per week	½ per day 2 ½ per week	1 per day 5 per week
Vegetables (cups)	¾ per day 3 ¾ per week	¾ per day 3 ¾ per week	1 per day 5 per week
Grains (ounces)	1 per day 8-9 per week	1 per day 8-10 per week	2 per day 10-12 per week
Meat/Meat Alternatives (ounces)	1 per day 8-10 per week	1 per day 9-10 per week	2 per day 10-12 per week
Milk (cups)	1 per day 5 per week	1 per day 5 per week	1 per day 5 per week



*vegetables, fruits, and milk served daily.
 *secondary option for lunch chosen daily
 *Menu subject to change. We try our best to serve our menu as posted; however, sometimes last minute changes occur.
 This institution is an equal opportunity provider.